

# Reviews:

## Course Ancient Egyptian Healing

### Abydos Experiences by Eleonora Vittorini Orgeas

In 2022 a special meeting marked my destiny: a person I met by chance told me about a very particular place in Egypt, precisely in Abydos. It was then that I became curious and looked at the "House of Life" website and one course in particular "resonated" with me: Ancient Egyptian Healing, a healing journey in the Land of the Pharaohs. The following year I left.

### Guides & Teachers

The first 'guide & teacher' who welcomed me was Aset. She led me and my travel companions through Temples and sacred places of Ancient Egypt and what struck me was the initial indication she gave us: "feel the emotions that move within each place we visit ". That was the confirmation that I was in the right place. I arrived in Egypt carrying with me the load of my fears, my doubts, full of questions about myself and my life mission. I was doing a job that didn't satisfy me even though it was what I had studied for so many years. I had emerged from a series of romantic disappointments due to dysfunctional relationships with emotionally avoidant men. I was carrying on my body the "scourge" of psoriasis that had been with me for 15 years. In all of this, for a couple of years I had begun to understand that the only interest that made me feel alive was Art but I didn't know if it was part of my life mission and, in any case, how I could achieve it. I was lost.

The second 'guide & teacher' gave me a further indication. Horus, this was his name, told us that as guides and teachers they would show us specific practices and rituals for our healing, but WE had to do the work, the internal one. The basis of the Course took place in Abydos, an extremely sacred place with very high energy, precisely to allow us practitioners to speed up the work and amplify the effects of the practices.

In retracing my experience, I can say that I have experienced a sacred journey starting from my Hell, up to my Paradise passing through my personal Purgatory. All in 21 days in total, exactly 7 days for each phase: 7 days for 3 crucial moments, two sacred numbers that meet. This confirms that the case does not exist!

### Ability to 'see'

Horus has the extraordinary ability to "see", so much so that he "saw" me in photos before even meeting me and also "saw" my new face when I arrived in my Paradise. From the beginning of the journey I came into contact with my shadows, I took hold of my internal knots to try to understand their origin and definitively untie them. With Aset I performed meditation practices and rituals, all with one purpose: to heal.

In reality, I didn't know what I should do exactly, what direction I should take. I only knew that I was lost, I knew my pain but I had no expectations on how to heal them. My guides & teachers showed me my personal block to focus on, but the work, the essential work on me, should have been done by me.

## **Emotional visions**

Yet in that sacred logo in which all my sensations were amplified, signals arrived in the form of "emotional visions" inside the temples and particular events coming from the outside world. Those small switches, those fundamental moments of change, led me to the final enlightenment with which I came to an awareness that, yes, I had been told, but which I had never really internalized: I had the power and the responsibility over what it was happening in my life and, in particular, on the first big obstacle that had been blocking my path for too long. If I had worked on myself from that, my inner energy would have changed and with that, also what I would have attracted into my life.

Not only. At the end of the journey, the Guides & Teachers Horus and Aset, after observing me, told me that I had the ability to heal through Art and that they would also be close to me in the days following my return to accompany me in this New Beginning.

## **The Universe took care**

I therefore returned home with a great wealth of emotions and experiences and above all with a great awareness which, however, in practice I didn't know exactly how to use. The Universe took care of it for me. From that moment, in fact, without "lifting a finger", my life changed, almost turned upside down.

A month after my return to Italy I suddenly lost my job. It was a blessing. Not only. A few days before I realized that the man I had been with for some time, in reality, was not the good and honest person I thought. He was a godsend.

My first impact with these first changes was actually one of great shock, yet Aset did not think so. Her reaction was: "Great to hear this, it's perfect in time". And indeed it was like that.

With the knowledge that I was solely responsible for my life and had great healing power over me, I began to embrace these opportunities with confidence and allowed other changes to come.

## **Today, a year later**

Today, a year later, I do a job that allows me to work fully with Art which is taking up more and more space in my life, also through new and unthinkable forms of expression. After 15 years, the psoriasis I had on different parts of my body and which reflected my profound inability to express myself, suddenly healed with a certain disbelief of medical professionals. Furthermore, some time after my return, I met people with a spiritual experience similar to mine, some even with previous contacts with Egypt, and with whom I practice practices and meditations to continue my healing process every day, physical and internal. Finally, a few months ago, the Universe put on my path a boy, an artist, with whom I am sharing for the first time in my life a healthy relationship made of sincere feeling and deep respect, two things that currently nourish my soul, whatever path this relationship will take in the future.

## **listen to yourself and give your heart a chance to make its way into your life**

In light of my experience, I can only say that what the Healing Center of the "House of Life" reserves for those who put themselves on the line is an internal journey of fundamental importance

for oneself. It is not a point of arrival but it is just the beginning of a new path, only if you have the courage to get in touch with your shadows and question old life mechanisms. It is a profound transformation process that one's Soul triggers in order to heal deep wounds and begin to shine in its full potential. Aset and Horus will accompany you with Love on this journey, both during and after the trial, starting from the magical place of Ancient Egypt.

What I can suggest is what I tried to do: listen to yourself and give your heart a chance to make its way into your life.

## **EVO – Healing Artist**